

UNIVERSITY of OXFORD SPORTS DEPARTMENT

OXFORD UNIVERSITY RUGBY LEAGUE FOOTBALL CLUB RISK ASSESSMENT 2015/2016

Activities usually carried out by the club.

- 1. Training Sessions*
- 2. BUCS Matches (& Friendlies)*
- 3. Travelling to away matches*
- 4. Varsity Match*
- 5. Tours*

HAZARD	CONTROL MEASURES IN PLACE	RISK FACTOR	FURTHER CONTROL MEASURES
TRAINING: 1. Unsuitable pitch – pot holes, uneven ground, tufts, ice or frost, heavy ground covered by water.	Consult groundsmen at the University Parks or at the appropriate training venue (e.g. Marston or Oxford RFC in Hinksey Village) prior to training/matches on the condition of the pitch(es). OURLFC to abide by the decision of the Groundsman if the pitch is unsuitable to use.	High	
2. Foreign objects on pitch – glass, etc...	Remove any objects found. Check for foreign objects before training commences.	Medium	

3. Poor visibility due to heavy rain, snow, fog or icy conditions resulting in hard grounds.	Consult coach or groundstaff, use common sense. Perform a non-contact training session.	Medium	
4. Players Poor technique	Ensure coaches are qualified RL coaches and are teaching the correct technique. OURLFC should ensure that all players are fit and capable of playing the sport.	Medium	
5. Tackling practice	Players should be matched according to size, weight and maturity. Coaches to ensure correct technique. Coaches should be clear about the implications of neck and spinal injuries	Medium	
6. Equipment – Pads, balls etc	All equipment should be safe and kept in good condition. President and Coaches to take control of equipment and maintain an equipment inventory.	Low	
7. Lack of protection – esp. Gum shields	Players are strongly advised to wear Gum Shields during contact. Shoulder pads etc are at the individual's	Low	

	discretion. NGB guidelines state a gum-shield is mandatory, other PPE is at the players own discretion.		
8. Jewellery worn by players	Insist all Jewellery is to be removed by players before training and matches.	Medium	
9. Not warming up and cooling down properly	Warm up before training and matches, and cool down afterwards (e.g. stretches, jogging, ball work, etc...) to reduce the chance of muscular stiffness, strains etc.	High	
10. Exhaustion/dehydration/cuts/b ruises	Water provided by Club (President or Captain responsible). Advice of coach/player themselves if player unfit to continue. All cuts to be cleaned. First Aiders to wear gloves when dealing with cuts.	High	
11. Medically Unfit Players	Regular training sessions held. Any medical conditions e.g. Asthma, Epilepsy picked up by club on the membership form and all coaches informed of issues. Medication is to be brought by players to all training sessions where it is required. Unfit	Medium	

	players not allowed to play in competitive matches. NGB RFL concussion protocols to be distributed and followed.		
<p>MATCHES (risks similar to training, controlled by qualified referee acting under SRL/RFL. guidelines)</p> <p>1. Dangerous play</p>	Qualified referee enforces rules according to SRL/RFL. No games will be played without an Official in place.	Medium	Coaches and members of the committee must have a mobile phone and must provide a First Aid kit at all matches. The club members must be aware of the correct procedures for dealing with an emergency which involves calling the emergency services.
<p>2. Incorrect/unsafe equipment - Flag posts, Post Protectors</p>	Checked by the Referee before games. No games should be played without the correct protection in place e.g. post protectors.	Low	
<p>3. Match official</p>	Referees are fully qualified and organised by the SRL. No games will be played without an Official in place.	Medium	
<p>4. Lack of Qualified Referee</p>	Game to be postponed and re-arranged. No person who is unqualified to substitute.	Low	
<p>TRAVELLING TO AWAY MATCHES</p> <p>1. Accident in minibus/cars driven by a student.</p>	Not exceeding seating limit, making sure driver has not consumed alcohol prior to driving, advising passengers to wear seatbelts, ensure driver is properly qualified, ensure vehicle is suitable	Medium	All trip registration forms are to be sent a day before weekday or weekend fixtures to the ASO. transport@sport.ox.ac.uk

before departure, driver must comply with Road Traffic Laws e.g. Highway Code.

Organiser/events secretary to complete a Trip Registration Form on Club trips out of Oxfordshire. Drivers must have passed University accredited tests.

Insist mode of transport used has seatbelts and if possible a fire extinguisher.

No distracting the driver.

If a member of the University drives, ensure they have not drunk 8 hours prior to driving.

All Club members who drive a hired minibus have a full clean driving licence and have successfully completed the University's mini-bus course.

Do not exceed the seating limit

No bags should be left in the gangway/aisle.

Assess beforehand the weather report for the day.

Ensure driver has regular breaks in accordance with legal guidelines.

For trips out of the UK – trip registration forms are required one month ahead of the trip and these should be submitted to the ASO.

	<p>Do not place baggage in overhead lockers.</p> <p>Clubs should be aware that if they have a major accident on an away trip which involves the Emergency Services or Hospitalization then the club should notify the University Security Services on (01865) 289999 who will offer assistance and if need be contact members of the Sports Department staff.</p>		
2. Player Hospitalised	<p>A responsible person is to stay with the injured person. President/Captain/Treasurer to ensure that they have a method for returning to Oxford.</p>	Low	Report incident to the ASO using the accident report form.
<p>SOCIAL EVENTS</p> <p>1. Excessive amount of alcohol consumed</p>	<p>Ensure there is no risk of peer-pressured drinking, and look after new players with more senior members of the club</p>	Medium	
<p>VARSITY MATCH</p> <p>1. Match safety issues.</p> <p>TOURS (same risks</p>	<p>All safety aspects to be provided by SRL/HAC</p>	Medium	

mentioned above with training, matches, travel and social events)			
1. Accidents linked with transportation either by the use of private transport or through the hire of a mini-bus.	Ensure that every individual is insured, through a personal insurance scheme or through the university insurance.	Medium	
2. Injuries during training or matches	Presence of a qualified first-aider.	Medium	